BRIDGELANDRIVERSIDE

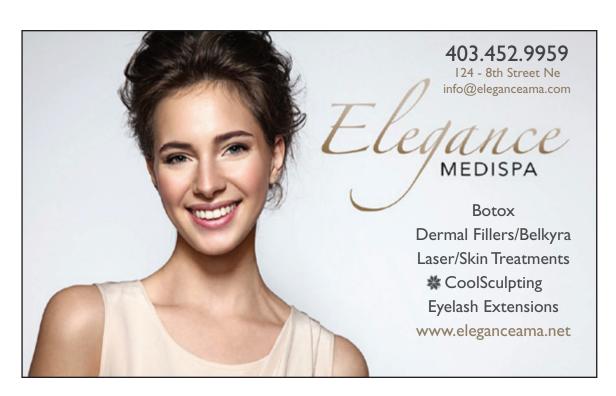
THE OFFICIAL BRIDGELAND-RIVERSIDE COMMUNITY NEWSLETTER















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CONTENTS

- 7 PRESIDENT'S MESSAGE
- 7 BRIDGELAND-RIVERSIDE COMMUNITY
 ASSOCIATION ANNUAL GENERAL MEETING
- 8 PLANNING UPDATE
- 10 BRCA SPRING SOCCER KICK OFF
- 11 BRIDGELAND WALKS STARTS AGAIN
- 13 FAMILY BIKE RODEO
- 15 PERENNIAL PLANT SHARE
- 16 BRIDGELAND-RIVERSIDE FARMERS' MARKET











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BRCA Hall Rentals

DIRECTORS MEMBERSHIP FORM President and Chair Brian Beck President@brcacalgary.org New and returning members, please apply online at brcacalgary.org/ Treasurer Joe Belland ■ membership or use this form and mail or drop off along with cheque Treasurer@brcalcalgary.org made out to: **Bridgeland-Riverside Community Association** Membership Deb Lee 917 Centre Ave. N.E. membership@brcacalgary.org Calgary AB T2E 0C6 Vice Chair Jil MacDonald Membership type: (please check one) ViceChair@brcacalgary.org Individual \$10 ____ Director at Large Alex Macwilliam Family \$20 ____ Ali McMillan **Planning** Senior \$5 ___ Planning@brcacalgary.org Member information: (please print clearly, attach additional family **Brier Reid Programs** member names) Programs@brcacalgary.org Last name: _____ Secretary Susan Mulholland First name: Secretary@brcacalgary.org Address: **Events** Joanna Wynn Postal code: Events@brcacalgary.org Email: Communications Ana Hoepfner Phone number: Communications@

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QDBRCA MEMBERSHIP UPDATE

brcacalgary.org

Our membership year began January 1st. It's time to join up or renew your Bridgeland – Riverside Community Association membership. By joining BRCA you are showing your support for the many exciting initiatives happening in our community. You'll also need a current membership to vote at the upcoming AGM.

You can join online at https://www.brcacalgary.org/membership or in person. A 'membership table' will be present at upcoming winter markets at the hall as well as during the summer Farmer's Market. Or stop by the hall during regular business hours.

Join us and be part of the Bridgeland-Riverside vibe!

Deb Lee, Membership Director

QRBRCA PRESIDENT'S MESSAGE

It's late in the evening on newsletter deadline day, and, as I sit pondering the blank screen in front of me, an email comes in from my fellow BRCA Board member, Susan. I couldn't improve upon this quotation from her as a way to introduce the positive energy that is a typical month in Bridgeland-Riverside, viewed from the perspective of BRCA:

"The time invested earlier in the year in applying for grants payed off (literally!). The Beautification/Transportation Committee just received \$2000 from TD Parks People to hold three events in Riverside-McDougall Park (baseball diamond area). We will be building on our successes of last year, the installation of the fence art project Connecting Back to the Bow created by local artist Janel Nail (www.janelnail.ca/). The proposed events include collaborating with the Mobile Market in June to paint 2 new picnic tables and socialising with arts and crafts, music, and snacks. We'd also like to hold an afternoon of activities in the summer, inspired by the fence images, with our local daycares. We're hoping to have storytelling, music, crafts, games, as well as a City naturalist to talk about local flora/fauna found along the Bow River. The final event will be the grand opening and celebration of interpretive signage re: Connecting Back to the Bow.

The Calgary Parking Authority has allocated \$5000 to the Beautification/Transportation Committee to further initiatives related to improving access to our community for seniors. Portions of this project are currently underway. Part of this funding is being informed by an interesting collaboration between the Beautification/Transportation Committee, Silvera for Seniors, and University of Alberta Occupational Therapy (OT) students. On March 22 five OT students held focus groups with 25 seniors to find out what they would like to do in our community, as well as barriers for them getting to these locations. The students are will be sharing recommendations as well as presenting on this project."

Thanks to Susan, and Deb, and Jana, and all of the others who make it happen. What great energy those quoted words display. In that same spirit, within this issue of *Bridges* you will find that the energy of spring is all around us in Bridgeland-Riverside, and, indeed, no doubt by the time this May edition hits the newsstands (remember newsstands??) the crocuses will have given way to tulips, the tulips may already have lost their petals, and it will be time to plant the gardens. What might you plant (literally or figuratively) in your community this year? Mighty oaks from little acorns grow.

Whether as inspiration or for reflection, I hope you enjoy reading about what some of your neighbours are planting these days, in our little NE Calgary corner of the world!

-Brian Beck



Bridgeland-Riverside Community Association Annual General Meeting

How do things like traffic calming, General Plaza seating, fence art at Riverside Park, or the new Flyover Park, or events like Passeggiata, Farmers Market and Soccer all happen? By volunteer community members at BRCA taking the lead and being "the change" we want to see in our community!

If you are not a member of the BRCA you can buy a membership online here https://www.brcacalgary. org/membership. Being a member helps bolster the collective voice of the BRCA and helps change our neighbourhood for the better. Also you can request email notifications of all the things going on in the community so you can participate and be informed.

We have our AGM upcoming on May 24th—you need to be a member to participate so we encourage you to make sure your membership is up to date. At this meeting we set the direction for the next year and are always looking for more volunteers to help improve our community.

If you are interested in giving back, making positive change in your neighbourhood, and meeting new people, then please consider joining the Board. More information can be found here: https://www.brcacalgary.org/governance. If you are interested in being on the Board then please fill out an expression of interest form and mail it into president@brcacalgary.org

Together we can build a more liveable, a stronger, and a closer-knit community—see you all at the AGM—pub night/social to follow!

QDBRCA PLANNING UPDATE

This month we got the General Plaza up and running again for Spring! Hooray! Thanks to the team of volunteers who gave their weekend to wash off all the chairs and tables, clean the plaza, and haul everything up! It was fun and looks great! This plaza is completely maintained by volunteers—if you see litter please pick it up. We all need to be stewards of this great space in our community for it to continue to improve. We'd love to get some live music and events happening in the Plaza this summer. If you are interested in helping organize, please shoot us an email at planning@brcacalgary.org. Better yet, we could get a General Plaza committee going to continue to positively transform this central gathering space in our community. Thanks again to Rob, Patrick, Bertina, Pam, Amber, Ho-Yin, Vanessa for your dedication to making this community better!

As usual, Planning is very busy in Bridgeland-Riverside. Our volunteer committee gets circulated on every application in the neighbourhood with an opportunity to comment. We give notice to directly affected neighbours in the vicinity of the application where possible and invite them to our meetings. From feedback we hear at these meetings we write a letter to the City summarizing what was heard. We are always looking for new members to participate. Please contact planning@brcacalgary.org if you are interested in learning more or check out the links on our website at brcacalgary.org/planning

All of the development permits we have reviewed to date are listed on our website at brcacalgary.org/meetings_agendas. This month we have discussed land use changes in West Riverside with several developers looking to change the zoning from three storey buildings to six storey buildings. We also reviewed some applications for low-scale commercial proposed to be mixed into the neighbourhood in a few locations.

All of this along with a few proposed new infills as usual.

You can also follow along with all of the development applications in our neighbourhood at calgary.ca/pdmap.

We encourage you to keep informed about development in the neighbourhood and participate where you can!













TO THE VILLAGE PIAZZA



WE ENCOURAGE YOU TO:

- Enjoy the space, gather and socialize with neighbours and friends.
- Be a steward and help keep it clean and tidy.
- Please put chairs neatly back in place, clean up cigarettes and litter, and keep the umbrella down when not in use.
- Let us know if something is broken or needs repair. If you'd like to help grow
 the beauty of the space, get involved at beautification@brcacalqary.org



This project was created by the BRCA
It is maintained through volunteer efforts





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You know Spring has sprung when the rush of multicoloured jerseys takes over our playing fields.

BRCA is excited to launch another season of Spring Soccer. We are a volunteer-run program that helps youth enjoy the outdoors, learn new skills, and meet friends in the community. You will see parents and family members on the side-lines, and in the middle of the field, coaching, supporting, and cheering.

Soccer strengthens more than our bodies. It strengthens our community. Thank you to all our family volunteers.

Important Dates:

- May 13, 14 team photos
- June 20 last game of the season
- June 24 wrap up party 5:30-8:00pm at the Hall *all times and fields subject to change

DRAFT Schedule – to be verified by your coach

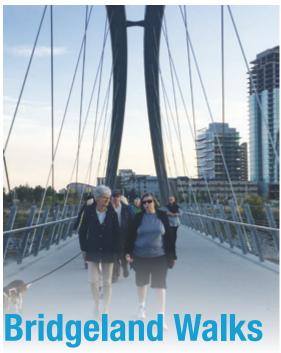
*all times and fields subject to change

Division	Practice Time*	Game Time*	Field*
U4 Mondays	Mondays 6:00-7:00pm	6:30-7:00pm	Murdoch
U4 Wednesdays	Wednesdays 6:00-7:00pm	6:30-7:00pm	Murdoch
U6 Mondays	Mondays 6:00-7:00pm	6:30-7:00pm	Murdoch
U6 Wednesdays	Wednesdays 6:00-7:00pm	6:30-7:00pm	Murdoch
U8	Tuesdays 6:30-7:30pm	Thursdays 6:30-7:30pm	Home - Delta West
U10	Tuesdays 6:30-7:30pm	Thursdays 6:30-7:30pm	Home - Murdoch
U12	Tuesdays 6:30-7:30pm	Thursdays 6:30-7:30pm	Home - Murdoch

FIELD LOCATIONS:

Murdoch Field – Centre Ave and 9 St, NE Tyndale Park behind Delta West Academy – 2 Ave and 11A St, NE

Follow us on Facebook or Twitter



Starts Again

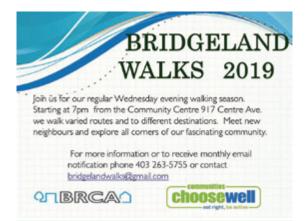
Wednesday, May 1st heralds the start to the 2019 weekly walking season for **Bridgeland Walks**. Each week there is a different theme that takes us on a unique walking route around, and a little beyond, our neighbourhood (see the poster for details). Those who are well acquainted with Bridgeland-Riverside are not surprised to learn that there are 20+ different routes that we'll explore this year.

This walking group is an ideal way to get to know the area and its many varied places. The Walks are generally 3-5 km in length and may range from short and totally flat, to longer and hilly. We've got the whole gamut of terrains here! Nearby assets such as the Zoo, Tom Campbell's Hill, and St Patrick's Island add to the variety. Potential walkers sometimes worry that the pace will be too fast or the distances too long but there's always a bailout point if you've had enough. You'll get to meet our fellow walkers and/or bring along a guest who is keen to learn more about our historic community. Wellbehaved dogs are welcome. Laura, Nony, and Deb are the regular walk leaders, but we periodically have guest leaders who share their expertise of different topics. A stop for ice cream is often possible, too.

If you'd like to get monthly email notification of our walk destinations, email bridgelandwalks@gmail.com or call (403) 263-5755. Share your ideas for new walking themes!

Consider yourselves invited to join us every Wednesday evening from May 1 to the end of September – we start at the community centre at 7 pm and walk unless it is raining then.

Deb Lee



MAY WALKS

Wed May 1st

Kick off

Let's start with a walk from the north end of our village to the south end, with views from the escarpment to dipping your toe in the Bow.

Wed May 8

Churches

We have the more churches than any community in Calgary. On our circuit route we'll see most of them and hear about their evolution.

Wed May 15

Riverside Art Walk

From bronze sculptures to window scenes to 'eyes on the street' and Tiny Gallery, you'll be amazed with the varied art in our 'hood.

• Wed May 22

Walk on the Wild Side

Who knew that you could go for a nearby walk and see muskox, elk and possibly a grizzly bear? Join us to find out for sure!

• Wed May 29

Trees around the 'Hood

Join us and a city of Calgary Urban Forester and hear about the diversity of trees found here. It's a valuable learning experience!

**Walks start at 7:00 pm at Community Centre -917 Centre Ave

BRCA EVENTS
RENTERS

SUN		BRCA Hall is available on Sunday afternoons for private and corporate events, weetings, and classes
SAT	Tool Library - OPEN 10:00am - 1:00pm calgarytoollibrary.org	BRCA Hall is available on Saturdays for private and corporate events, meetings, and classes
FRI	Ahmadiyya Muslim Community	12:00pm - 1:00pm
THURS	ALS Support 1:00pm - 3:00pm call for schedule	Seniors Coffee Seniors Coffee 1:00pm - 3:00pm Everyone Welcome YYC Growers Pick-up 3pm - 7pm YYC Growers Pick-up 3m - 7pm Tool Library - OPEN 5:00pm - 8:00pm calgarytoollibrary.org Calgary Laughter Yoga Calgarytoollibrary.org Calgarytoollibrary.org Calgarytoollibrary.org Toostmasters 7:00pm - 9:00pm Highriser.toostmastersclub.org Highriser.toostmastersclub.org
WED		Planting Seeds Yoga Planting Seeds Yoga Playschool 12:00pm 2:00pm 403-796-9057 Ark of Christ Church 6:00pm - 9:00pm everyone welcome Info@arkofchristvictory.ca Bernie's Buddies Teen grief support 6:30pm - 8:30pm www.berniesbuddies.ca Bridgeland Walks 7:00pm meet at 91.7 Centre Ave
TUES	Arabic Women's Bible Group 11:00am - 1:00pm	Tool Library - OPEN 5:00pm - 8:00pm calgarytoollibrary.org Wave Yoga 6:00pm - 8:00pm denika.reeves@mail.com Toastmasters 6:25pm - 8:00pm pmisactm.toastmastersclubs.org Lyme Disease Support 6:30pm - 8:30pm call for schedule support@Albertalyme.org Buddhist Meditation 7:00pm - 9:00pm
MON		Planting Seeds Yoga Playschool 12::00pm - 2:00pm 403-796-9057



Family Bike Rodeo on Saturday, May 25th

BRCA is excited to bring the community a free bicycle training event on Saturday, May 25.

Register in advance for this fun event! The Family Bike Rodeo is a "Level 2: Cycling Basics" course. The course is 90 minutes and you can choose from four times throughout the day. Safer Cycling Calgary will provide the training, using a nationally-recognized curriculum

This is a non-road course where participants learn safe bike handling skills like helmet check, bike fit, straight line riding, shoulder checking, signalling, stopping, and bike security.

Participants must be at least 7 years old and be able to start independently, balance, and pedal for at least 20 m, come to a stop using brakes (coaster or hand brakes are acceptable), turn left and right, and ride with one hand (keeping right hand on) for 3 seconds. Participants must bring their own bike in good working order and a properly fitted helmet. No training wheels permitted.

Adults can participate too! Even if you are not participating, a parent or guardian must be on site to observe each child's 90-minute session.

This session is free of charge, but we ask you to pay a fee to hold your spot. This fee will be returned to you after the training (please let us know if you're a fair entry BRCA member and we can waive the fee).

The event will take place at the south end of the soccer field next to the BRCA hall (Murdoch Park). Visit here to register: bit.ly/2ZdUSfG.

Go to safercyclingcalgary.ca or email transportation@brcacalgary.org for more information.



QDBRCAO BEAUTIFICATION COMMITTEE



Building a Greener Community through Plant Share

Bridgeland-Riverside is a community blessed with a unique growing environment. The escarpment bowl that surrounds us provides a sheltered micro climate one that is less windy and warmer than many other areas of Calgary. Combined with the fertile soils left by the meandering ancient Bow River, the climate of our community provides an ideal place to grow plants, as many of the early residents here discovered. The gardens of German immigrants from Russia provided vegetables that lasted through much of the winter. After starting the seedlings in a small greenhouse, the entire back yard was used by Italian immigrants to grow lush crops of tomatoes that were then preserved for delicious pasta sauce. Others used their green thumbs to grow herbs and colourful flower gardens. For many years in the 1990s and early 2000s, a popular Garden Tour was organized to highlight the many efforts of gardeners in our community.

Much has changed since then. The avid gardeners of yesteryear have passed on; backyard gardens have been converted to lawns. The building of larger homes has left less ground available for vegetable gardening. But what hasn't changed is our microclimate, the fertility of our soil, or the desire of residents to "grow something". Many residents are new to gardening but are keen to learn the basics and the tricks of growing beautiful plants in whatever space they have available.

Flowery annuals (those plants that must be grown from seed each year) are one choice but a more enduring option is perennials.

Perennials are a large class of plants that are programmed to return every spring. Unless the roots have been frozen during an extra bitter winter or dug up by the squirrels, they will send up their tender shoots to face a new growing season. Perennials are often quite hardy and expand year over year, either by self-seeding or by extending their growth through underground root systems or widening clumps of plants. To maintain the health of perennials, it's imperative that this growth is managed, often by splitting the plants or digging up new seedlings. And what to do with these extra and often unneeded plants?

That's where Bridgeland-Riverside's Plant Share comes in! This annual initiative—now into its third year—is a collaboration between BRCA's Rooftop Garden group and the Beautification committee. We invite resident gardeners with perennials to dig up their extras, put them into pots or little bags, mark the container to identify the kind of plant, and bring them to the Rooftop Garden area at the Community Centre on May 26th from 9:30 am -1:30 pm. These young plants are then shared with others who'd like to start a perennial garden or add to what they already grow. Examples of plants you might see are columbines, yarrow, sedum, perennial grasses, monkshood, lily of the valley, etc. We also hope to have some small bags of composted soil available for apartment dwellers who focus their growing efforts on small containers and pots. Donations are gratefully accepted.

This arrangement sounds pretty much of a win-win, but is it?

Actually, it's more than that. Plant share is part of a growing concept called the sharing economy. It's also a way to meet your neighbours who have a similar interest in growing and to hear their ideas. And it's an affordable way for Bridgeland-Riverside to become an even more beautiful place to live and play.

Mark your calendars for **Plant Share on May 26** and check it out!

Deb Lee, on behalf of the Beautification Committee

PERENNIAL THE BRCA ROOFTOP GARDEN + THE BRCA BEAUTIFICATION COMMITTEE MAY 26 9:30 AM - 1:00 PM AT THE BRCA ROOFTOP GARDEN TO SHARE, DROP OFF LABELED, TRANSPLANTED

PLANTS IN BAGS OR POTS **BETWEEN 9:30 AM - 10 AM**

NEED A PLANT? TAKE A PERENNIAL HOME!

DONATIONS WELCOME

CONTACT ROOFTOPGARDEN@BRCACALGARY.ORG FOR MORE INFORMATION





Q BRCA BRIDGELAND RIVERSIDE FARMERS' MARKET

Just like spring, WE ARE JUST AROUND THE CORNER

Mark your calendars - Our weekly Farmers' Market season begins in June—come join us every **Thursday** starting **June 20** from **3:30 pm to 7:30 pm**. Meet your neighbours, enjoy great local food, local entertainment, and the folks who make or grow some wonderful food.

Interested in being a vendor? Apply here: www. brcacalgary.org/farmers_market.

We also welcome aspiring youth and adult entrepreneurs to sign-up for a table and test their skills of making and selling their products. Apply here: www.brcacalgary.org/farmers_market. Check us out on Facebook: https://www.facebook.com/BridgelandRiversideFarmersMarketAssociation/



Follow us on Twitter and Instagram @ bridgelandFM

Come by and say hello—you will be surprised at what a great little farmers' market we have in our 'hood!

More Young Children in the 'hood!

The presence of baby carriages on our streets and parents with kids at our parks is a visual cue of the growing number of families and young children in Bridgeland-Riverside. The 2016 federal census stats recently released for our community bear this out. We've seen an increase in children 0-14 years between 2011-2016 from 495 to 610. We've also seen an interesting change in the presence of businesses focusing on child care in our community. In the next newsletter we'll look into this growing demographic and the options available for care of young children. We're interested in different perspective on this. If you own a childcare business or have or care for a young child, contact me at membership@brcacalgary.org to share your thoughts.

Deb Lee



A Grass Roots Approach to Childhood Bereavement

Before the age of 18, one in five children will experience the loss of a loved one. This statistic means that in Calgary alone, there are over 15,000 children dealing with grief, yet it can be challenging to find non-conventional resources and supports for our bereaved youth.

Bernie's Buddies is a Calgary-based registered charity that helps kids live again after a death loss through alternative grief workshops. Each workshop features a peer environment where all participants have experienced a death loss. By increasing community and sharing stories, the isolation of grief can be reduced, thereby encouraging a sense of belonging. Each session features a therapy dog visit, yoga movement with mindfulness, and creative group conversation where the familiarity of structure helps kids become more comfortable sharing their grief stories. Thanks to donations, volunteers, and funding, these workshops are available for free.

The benefits of a grass roots community-based approach to youth bereavement support means participants gain a sense of control in their lives through activities that help them learn and practice skills to improve their ability to focus, while acknowledging and navigating challenging feelings with the acceptance and support in the presence of their peers. Increased access to a free community child and youth grief resource helps build additional bereavement programming capacity so kids can live and thrive again after loss.

The Bernie's Buddies Spring 2019 kids' grief workshop series starts at BRCA on Wednesday May 8. This weekly series is specifically for teen girls ages 13 to 17.

For more information, please see: www.berniesbuddies.ca

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

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DOG WALKER: I am an experienced dog walker with references. If you require someone to walk your dog(s), please call me at 403-993-4343 or email at gdw@telus. net. House sitting and animal sitting while on vacation is also available.

HOME HEALTH HELP: Just name your needs and we offer the right solution. Personal care, Alzheimer care, transportation, errands, companionship, light house-keeping and more. We go beyond satisfaction, we amaze! Our caregivers are carefully screened, bonded and insured. Call Karev Home Caregivers today at 587-224-9852.

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Attention 1969 Graduating Class of St. Mary's Boys and St. Mary's Girls High Schools

We were the Calgary kids of the late-'60s. We graduated from St. Mary's Boys and St. Mary's Girls high schools in 1969.

50 years later, we're getting together to tell old stories and new. To see who's put on weight, who's healthy... and who died. To look at kids' and grandkids' pictures, now all grown up. To talk to old boyfriends and girlfriends and wonder 'what was I thinking?'... or 'Maybe now...?' To assess all the water gone under the bridge and wonder what's coming next.

A few things have changed:

• Illegal marijuana became commonplace. Now legal dope is every place.

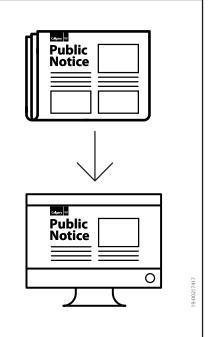
- The World Trade centre began construction. 50 years later it's a different hole in the ground...
- The Leafs won the cup for the last time. Um... no change there.
- The first SuperBowl filled a Sunday. The 53rd Superbowl bored a Sunday.
- Trudeau was elected. Trudeau was elected.
- Vietnam raged. Ex-GI's now holiday in Hanoi.

The kids of two former schools: St. Mary's Boys and St. Mary's Girls, are gathering for a GabFest and BBQ on a sunny day in mid-September 2019, 50 years later. If you were there from '66 – '69, contact rlucy@createmylegacy. com.



Development Permit Notices are Moving Online

Development Permit Notices will no longer be published in the newspaper after May 16th. Visit **Calgary.ca/publicnotices** to see detailed information on development activity in your neighbourhood.



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- Dr. Laura Brescia





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- Dr. Brescia also uses BOTOX® in the treatment of chronic headaches, migraines, TMD, and tooth grinding habits.
- As a doctor that is trained in BOTOX® procedures, facial anatomy, and smile design, you can be confident that Dr. Brescia will have you looking your absolute best.

All services are provided by a general dentist.





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4111 16A Street SW - \$1,450,000 4 beds, 5.5 baths, 2,903 ft²



809 20A Avenue NE - \$1,049,900 5 beds, 3.5 baths, 2,280 ft²



2027 28 Avenue SW - \$998,000 4 beds, 3.5 baths, 2.508 ft²



2832 34 Street SW - \$789,998 4 beds, 3.5 baths, 1,849 ft²



1611 40 Street SW - \$749,900 4 beds, 3.5 baths, 1,870 ft²



227 Whispering Water Way - \$684,900 4 beds, 3.5 baths, 2,268 ft²



456 21 Avenue NE - \$479,900 3 beds, 2 baths, 1,085 ft²



66 Besse Avenue - \$449,900 4 beds, 2.5 baths, 1,418 ft²



127, 131 23 Avenue NE - \$429,900 3 beds, 2 full 2 half baths, 1,290 ft²



592 Regal Park - \$349,900 2 beds, 2.5 baths, 1,261 ft²

Thomas Keeper call 403-230-8004 today!

